



Mason County Community Services List

Updated 4/11/2011

For additional information or referrals, please contact the Crisis Clinic at 586-2800 24 Hrs a day
Visit our website at www.Crisis-Clinic.org

CHILDREN/ YOUTH/ TEENS

Child Care Action Council-Resource Line Olympia _____ 754-0810 or 1-800-845-0956
 Child Protective Services (reports of abuse) _____ 432-2065 or 1-800-562-5624
 Children and Parents First (parenting skills/child care) BHR switchboard _____ 704-7170
 Children's Mental Health Program, BHR _____ 754-7576 or 1-800-825-4820
 Center for advocacy & Personal Development _____ 1-888-222-3664
 Covenant House Nineline (crisis line for runaways & their families) _____ 1-800-999-9999
 CYS (Community Youth Services - to age 22) _____ Olympia 943-0780
 Division of Children and Family Services, DSHS _____ 432-2050 or 1-888-283-2634
 National Runaway Switchboard _____ (24 hrs) 1-800-621-4000 or 1-800-786-2929
 South Puget Intertribal Planning Agency - Children & Family Services _____ 426-3990
 Youth Help Line (Crisis Clinic) _____ (24 hrs) 586-2777 or (N. Mason) 1-800-627-2211
 Youth Enhancement Partnerships (Adventure Based Therapy), BHR _____ 704-7170

CHEMICAL DEPENDENCY

Alcohol / Drug 24-Hour Help Line (support & information) _____ TDD 1-800-562-1240
 Alcoholics Anonymous(AA)(inc. Alanon & Alateen) ____ (24 hrs) 352-7344 or Belfair 800-562-7455
 Alternatives Professional Counseling (Olympia) _____ 357-7986
 Mason County Drug Abuse Prevention _____ 427-1686
 Narcotics Anonymous (NA) (for any chemical dependency) _____ Oly (24 hrs) 754-4433
 Recovery Services (Chemical Dependency Outpatient Program), BHR _____ 704-7170
 Providence St Peter Chemical Dependency Center (detox) _____ 432-8692 or 1-800-332-0465
 Sea Mar Behavioral Health (incl. Spanish speaking services) _____ 704-7590
 Skokomish Tribe Alcohol and Chemical Dependency TANF Program _____ 426-7788
 South Sound Clinic (methadone program) _____ (Lacey) 413-6910 or 1-888-764-7243
 Behavior Health Outpatient(Squaxin)Alcohol Program-Switch board _____ 426-1582
 True North Student Assistance & Treatment Services (Shelton) _____ 427-2050

COUNSELING / MENTAL HEALTH

Behavioral Health Services (BHR) (mental health) (24 hrs) _____ 426-1696 or 1-800-825-4820
 Home Mental Health (Providence SoundHomeCare) _____ 426-7928 or 1-800-869-7062
 Mason Co Youth Programs (employment for special needs youth, 16 - 22) _____ 426-1200
 NAMI Hotline (Nat'l Alliance for Mentally Ill: Mental Health Advocacy, Info, & Support) _____ 866-0403
 Skokomish Tribe - Family Therapy Program _____ 426-7788
 South Sound Mental Health Services (BHR) _____ 754-7576 or 1-800-825-4820
 Squaxin Island Tribe - Mental Health Program _____ 427-9006
 Sea Mar Behavioral Health (incl. Spanish speaking services) _____ 704-7590

DISABILITIES - PHYSICAL / MENTAL

Adult Protective Services, DSHS (report abuse to vulnerable adults) _____ 1-877-734-6277
 Arc of WA State (Advocates for Rights of Citizens w/DD) _____ Olympia 357-5596
 Blind, WA State Dept of Services for the _____ 1-800-552-7103
 Capital Clubhouse (rehab prog by & for mental health consumers) _____ Olympia 357-2582
 Crisis Clinic (referral to community resources) _____ 586-2800 or (N.Mason)1-800-627-2211
 Deaf & Hard of Hearing Services, WA State Office of _____ voice or TTY 902-8000
 Exceptional Foresters (residential support for dev disabled adults) _____ 426-0077
 Gift for Special Children (financial/referral assistance) _____ 427-7058
 Long Term Care Program, CCS (in-home assistance) _____ 427-2230 or 1-800-642-8026
 PAVE (support, advocacy for parents of disabled kids) V/TDD _____ 1-800-572-7368
 Shelton School District - Special Services (birth-21 years) _____ 426-2151
 Social Security Information Line (SSI/ Medicare) _____ 1-800-772-1213
 Vocational Rehabilitation, Division of (DVR) _____ 427-2037 or 1-800-548-0946
 WA Talking Book & Braille Library _____ 1-800-542-0866

EDUCATION / LITERACY

CHOICE High School (alternative high school for ages 14-21) _____ 426-7664
 Family Education & Support Services (Parenting Support/Child Development) _____ 754-7629
 Mason County Literacy (tutoring for reading, writing, ESL, GED) _____ 426-9733
 New Chance, Olympic College (transitional worker program) _____ 475-7480
 Olympic College Shelton (basic college/GED prep/Adult Basic Education) _____ 432-5400

EMERGENCY NEEDS

Center for Advocacy & Sexual Assault _____ 426-6925
 Community Action Council (limited utility assistance) _____ 426-9726
 Community Service Office (CSO), DSHS (financial assistance, medical coupons, and food stamps) _____ or 877-501-2233 TDD 1-800-833-6388
 Crisis Clinic (crisis intervention/community resources) (24 hrs) _____ 586-2800 or (North)800-627-2211
 Mason County Transit (Dial-A-Ride and bus routes) _____ 427-5033 or 1-800-374-3747
Emergency Shelter: see HOUSING ASSISTANCE / EMERGENCY SHELTER
 Kitsap County Crisis Clinic (Bremerton) _____ 479-3033
 Kitsap Sexual Assault Center - Crisis Line (24 hrs) _____ North Mason 479-8500
 Love INC (Ministries Assistance Clearinghouse) _____ 462-5683
 Mason County Shelter _____ 427-6919
 North Mason County Resources (Counseling, Homeless, Veterans, Child) _____ Belfair 275-3652
 Red Cross (assistance for natural disasters & house fires)
 Thurston/Mason Chapter (Olympia) _____ (24 hrs) 352-8575
 Kitsap/N. Mason Chapter _____ 377-3761
 Salvation Army (emergency gas, food, prescriptions)
 First Baptist Church _____ 426-8461
 Matlock Belfair, Hoodspport _____ 426-3091
 Son Rise Outreach (Clothing, possible furnishings) _____ 426-5014
 South Puget Intertribal Planning Agency (assistance for tribal members) _____ 426-3990
 Turning Pointe - Domestic Violence Services _____ 432-1212 or 1-877-923-1212
 Veterans Assistance Fund _____ 426-4546

EMPLOYMENT INFORMATION & ASSISTANCE

Job Corps (vocational ed & life skills training, ages 16-24) _____ 754-7409
 Mason Co Youth Programs (employment for special needs youth, 16 - 22) _____ 426-1200
 South Puget Intertribal Planning Agency (five tribes) _____ 426-3990
 Work Source - Empl Security (job search/training, unemployment comp) _____ 427-2174

FOOD & NUTRITION

FOOD BANKS: Shelton - Saints Pantry _____ 427-8847
 Hood Canal Food Bank _____ 877-6507
 Matlock Food Bank _____ 426-1903
 North Mason Food Bank, Belfair _____ 275-4615
 Food Stamps, DSHS - CSO _____ 1-877-501-2233
 Senior Health & Nutrition Prog (Senior Centers) _____ Shelton 426-3697
 Women, Infants, Children (WIC) Nutrition Program _____ (CAC) 426-9726

HEALTH / HOSPITALS / CLINICS

AIDS Hotline, National _____ 800-342-2437 or 800-344-7432 (Spanish) or 800-243-7889 (TTY)
 Assured Home Health & Hospice _____ 1-800-833-9404
 Care Net Pregnancy Center (preg counseling/testing, baby supplies) _____ 427-9171
 Celebrate Life Pregnancy Crisis & Support Center _____ Belfair 275-8021
 CHOICE Regional Health Network (low-income insurance) _____ 493-4550
 Dental Clinic, Sea Mar Community Health (low income) _____ 570-8016
 Family Health Hotline _____ 1-800-322-2588
 Harrison Memorial Hospital, Bremerton _____ 377-3911 __ Emergency Room: 792-6710
 Health Care Center (walk-in accepted, medical coupons) _____ 426-9717
 Health Department, Mason County - Personal Health Division: (AIDS Testing, HIV/AIDS, Case Mgmt, Children's Services, Immunization, Maternity Support, Pregnancy Testing, STD Clinic, Vital Records) _____ 427-9670 ext 400 __ N.Mason 275-4467 ext 400
 Homecare Referral (Agency on Aging) _____ 1-800-970-5456
 Hospice Providence Sound Home Care _____ 426-7928 or 1-800-869-7062
 Mason General Hospital _____ Main 426-1611 or N Mason 275-8614
 Medical Assistance (coupons), CSO (DSHS) _____ 1-877-501-2233
 Paratransit Services (transportation to medical appointments) _____ 1-800-846-5438
 Planned Parenthood (birth control, pregnancy testing/counseling) _____ 426-2933
 Poison Center, WA (info for poison/overdose) _____ (24 hrs) V/TDD 1-800-222-1222
 Providence Sound Home Care (in-home assistance) _____ 426-7928 or 1-800-869-7062
 Sea Mar Community Health Center, Medical (low income/Hispanic) _____ 491-1399
 Senior Case Management (Area Agency on Aging) _____ 427-2225
 SHIBA(State Health Ins. Benefit Advisers; Medicare, Sup. Ins. Info) _____ 800-562-6900
 Skokomish Indian Tribe - Health Services _____ 426-5755

HOUSING ASSISTANCE / EMERGENCY SHELTERS

Community Action Council (rental, utilities assistance) _____ 426-9726
 Housing Authority, Mason (housing for low-income, disabled, elderly) _____ 426-9726
 Kitsap Community Resources (shelter) _____ N Mason 377-0053 or 1-800-338-3363
 Kitsap Crisis Clinic _____ or (after hrs) 479-3033
 Mason County Shelter (emergency shelter) _____ 427-6919
 South Puget Sound Intertribal Planning Agency (tribal housing) _____ 426-3990
 Turning Pointe (domestic violence shelter) _____ 432-1212 or 1-877-923-1212
 For additional emergency shelter info, call The Crisis Clinic _____ 586-2800

SAFETY/ LEGAL/ CONSUMER ASSISTANCE & SUPPORT

Center for Advocacy & Personal Dev, Sexual Assault Legal Advocacy _____ 426-6925
 Child Support Enforcement Office (DSHS) _____ 1-800-345-9964
 CLEAR Hotline (Coordinated. Legal Ed Advice/Referral) _____ 1-888-201-1014
 Consumer Protection Division, (Attorney General, unfair business) _____ 800-551-4636
 Disability Rights Washington (dev disabled, mentally ill) _____ 1-800-562-2702
 Dispute Resolution Center (mediation services) _____ Olympia 956-1155
 Human Rights Commission, WA State _____ 753-6770 or 1-800-233-3247
 Long-Term Care Ombudsman(mediation/advocacy in nursing homes) _____ 800-562-6028 or 943-6018
 Tenant Rights Hotline (Seattle Number) _____ 206-723-0500
 Turning Pointe (domestic violence) _____ 426-1216 (office) 432-1212 (crisis) or 1-877-923-1212
 Victim/Witness Assistance _____ 427-9670 x417 or N. Mason 275-4467 x417
 Volunteer Legal Clinic (Eviction workshop - legal information) _____ Thurston County 705-8194

SENIORS

Faith in Action (supporting independent living for our senior and disabled neighbors)360-275-0535
 Adult Protective Services, DSHS (investigates reports of abuse) _____ 1-877-734-6277
 Gatekeeper Program (senior outreach/monitoring) _____ 664-3162- x133
 Older Adult Services, BHR (counseling/case mgmt) _____ 704-7170 or 1-800-825-4820
 Paratransit Services (transportation to medical appointments) _____ 1-800-846-5438
 RSVP (Retired Senior Volunteer Program) _____ Shelton 426-3405
 Senior Activities Association (meeting place/lunches) _____ Shelton 426-7374
 Senior Information & Assistance (AAA) _____ 427-2225 x11 or 1-877-227-4696
 SHIBA(State Health Ins. Benefit Advisers; Medicare, Sup. Ins. Info) _____ 800-562-6900
 South Sound Care Connection (care coordination) _____ Olympia 586-4491
 STARS (Services to At Risk Seniors) Program _____ 586-6181

SPECIFIC POPULATIONS: SERVICES & ASSISTANCE

Cielo Project at Radio Ranch (Hispanic/Latino services) _____ 709-0931
 KWA: Korean Women's Assoc.(Asian, Pacific Islander, & Elders) _____ 455-4524
 National Suicide Lifeline (Veterans option 1) _____ 800-273-TALK (8255)
 Skokomish Indian Tribe - Social & Health Services _____ 426-4232
 Squaxin Island Tribal Center _____ 426-9781
 South Puget Intertribal Planning Agency (social services for five tribes) _____ 426-3990
 Veterans Benefits and Services (WA State) _____ 800-562-2308

The Crisis Clinic of Thurston and Mason Counties is a non-profit IRS designated 501(c)(3) tax-exempt organization.
All donations are tax-deductible.

Additional copies can be found at our web site
www.crisis-clinic.org