



Thurston County Community Services List

Updated 4/11/2011

For additional information or referrals, please contact the Crisis Clinic at 586-2800 24 Hrs a day
Visit our website at www.Crisis-Clinic.org

CHILDREN / YOUTH / TEENS

Big Brothers / Big Sisters (children matched with adult vol.) 943-0409
 Child Care Action Council - Resource & Referral Line 1-800-845-0956 or 754-0810
 Child Protective Services-(investigates abuse-24 hrs) 725-6700 or 888-END-HARM(363-4276)
 Children & Parents First (Parenting skills/child care) BHR 704-7170
 Children's Mental Health Program, (Lacey) BHR Switch board 754-7576
 Community Action Council WIC (Women, Infants & Children) Program 438-1100
 CYS-Community Youth Services(Shelter, resource info, skill classes)S-board 943-0780
 Covenant House Nineline (crisis line for runaways & their families) 1-800-999-9999
 Family Reconciliation Service, DSHS (families in conflict) S-board 725-6700 or 888-822-3541
 National Runaway Switchboard (24 hrs) 1-800-RUN-AWAY
 Olympia Child Care Center (sliding scale fee, ages 1 mo - 5 years) 943-9857
 Parent Education Clearinghouse (Parent Education/family support groups) 754-2629
 Youth Help Line of So Sound (CCTMC) 586-2777
 YMCA (recreation before & after school) Olympia 357-6609 or Briggs 753-6576

CHEMICAL DEPENDENCY

Alcohol / Drug 24-Hour Help Line (support & information) 1-800-562-1240
 Alcoholics Anonymous (AA) (24 hrs) 352-7344
 Alternatives Professional Counseling 357-7986
 Chemical Dependency Counseling (BHR Recovery Services) 704-7170
 Narcotics Anonymous (NA) (for any chemical dependency 24 hrs) 754-4433
 Nisqually Tribal Health Services (incl. substance abuse program) Switchboard 459-5312
 Providence St. Peter Chemical Dependency Center (detox) 456-7575 or 1-800-332-0465
 South Sound Clinic (counseling, Methadone program) 413-6910 or 1-888-764-7243
 True North Student Assistance & Treatment Services (Tumwater) 464-6870
 True North Student Assistance & Treatment Services (Yelm) 458-6233
 Sea Mar Behavioral Health (incl. Spanish-speaking services) 704-7590

COUNSELING / MENTAL HEALTH

Behavioral Health Resources (BHR) Counseling Services (24 hours) 704-7170
 BHR Children's Program (Martin Way) 754-7577
 Community Youth Services (CYS) (crisis intervention & support) Switchboard 943-0780
 Crisis Resolution Services (24 hours) 754-1338 or 1-800-270-0041
 Home Mental Health (Providence Sound Homecare) 459-8311 or 1-800-869-7062
 NAMI Hotline (Nat'l Alliance for Mentally Ill: Mental Health Advocacy, Info, & Support) 866-0403
 Olympia Al-Anon Club (AA meetings/info) 753-9934
 Providence St Peter Hospital Psychiatry 493-7060
 Safeplace (support groups/counseling for domestic & sexual abuse, Rape) 754-6300
 Sea Mar Behavioral Health (incl. Spanish-speaking services) 704-7590

DISABILITIES - PHYSICAL / MENTAL

Adult Protective Services, DSHS (report abuse to vulnerable adults) 1-877-734-6277
 Arc of Washington State (Advocates for the Rights of Citizens w/ Disabilities) 357-5596
 Blind, WA State Dept of Services for the (Switch board) 1-800-552-7103
 Capital Clubhouse (rehab program by & for mental health consumers) 357-2582
 Deaf & Hard of Hearing Services, WA State Office of (DSHS) TTY 902-8000
 Dial-A-Lift (IT bus services) 754-9393 or 1-800-244-6846
 Long Term Care Pro, Catholic Community Svcs (in-home assistance) Switchboard 586-2960
 Morningside (vocational development/employment services) 943-0512
 Parent To Parent Support (for parents of kids who are disabled) 352-1126
 Parks & Recreation, Thurston County Specialized Recreation 786-5595
 Protective Payee Services-(Voice Mail) 352-3914
 Respite Care Program (through Childcare Action Council) 754-0845
 Senior Case Management (Area Agency on Aging) 664-3162 or 1-888-545-0910
 Social Security Information Line (SSI/Medicare) 1-800-772-1213
 Vocational Rehabilitation, Division of (DVR) V/TDD 1-800-548-0946
 WA Talking Book & Braille Library 1-800-542-0866
 PAVE (support/advocacy for parents of disabled kids) 1-800-572-7368

EDUCATION / LITERACY

Union Gospel Mission: Life Transformation Center (literacy, life skills ed) 709-9725
 Nisqually Youth Services (tribal youth services) 456-2822
 Work First Program, SPSCC (pre-employment training/support) 596-5403
 Family Education & Support Services (Parenting Support/Child Development) 754-7629

EMERGENCY NEEDS – CLOTHING, UTILITIES:

Adventist Community Service Center 943-1518
 Baby Bank (diapers & baby clothes; referral necessary) 357-6617
 Community Service Office, Olympia (DSHS) (public assistance/medical coupons/food stamps) 877-501-2233 TTY800-209-5446
 Emergency Outreach Program (Sacred Heart Church) 923-0929
 Other Bank, YWCA (for supplies that food stamps don't cover) 352-0593
 Red Cross (assistance for natural disasters & house fires 24 hrs) 352-8575
 Saint Vincent De Paul Clothing Bank & Pregnancy Aid, Olympia 352-0782
 Saint Vincent De Paul (limited utilities asst) 352-7554
 Salvation Army (emergency shelter, meals, utilities assistance 24 hrs) 352-8596
 Veterans Assistance Fund 867-2625
 Yelm Community Services (food, clothing, utilities asst, emerg shelter) 458-7000

EMPLOYMENT INFORMATION & ASSISTANCE

Worksource, Employment Security (job search/training/unemployment comp.) 704-3600
 Job Corps (vocational ed & life skills, ages 16-24) 754-7409
 Pathfinders Supported Employment, (jobs for mentally ill), BHR-Switchboard 704-7170
 Youth Employment & Training, CYS (ages 16 - 21) 943-0780
 Vocational Rehabilitation Div(Th County Work Source)info line 664-3060 or V/TTY800-548-0946

FOOD BANKS: Thurston County Food Bank, Olympia 352-8597
 South Thurston United Friends Food Bank 273-5891
 Tenino Food Bank Plus 264-5505
 Yelm Community Center- Food Bank 458-7000

ROOF (Rochester) 273-6375
 Food Stamps (DSHS Community Service Office) 877-501-2233 TTY800-209-5446
 Meals on Wheels (lunches to anyone homebound) 586-6181
 Women, Infants & Children (WIC) Nutrition Program (SeaMar)754-2936 or (CAC)438-1100
 Salvation Army (Community Kitchen) 352-8596

HEALTH CARE / HOSPITALS / CLINICS

Assured Home Health & Hospice 236-9204 or 1-800-833-9404
 Capital Medical Center Switchboard 754-5858 or Emergency Room 956-2590
 CHOICE Regional Health Network (low-income insurance) 493-4550 or 800-981-2123
 Care Net (pregnancy counseling/testing, ultrasound) 753-0061
 Dental Clinic, Sea Mar Community Health 570-8016
 Family Practice, Providence St Peter 493-7230
 Family Health Hotline 1-800-322-2588
 Health Department, Thurston County: (Syringe Needle Exchange, Travel Clinic, Communicable Disease Program, Chronic Disease Prevention, Children with Special Health Care Needs, Maternal & Child Health, Veteran's Assistance) 867-2500
 HIV/AIDS Hotline, Washington State (info & referral) V/TDD 1-800-272-2437
 Medical Assistance (coupons), CSO (DSHS) 877-501-2233 or TDD586-0226
 Nisqually Tribal Health Services (Indian med/dental) 456-5221
 Paratransit Services (transportation to medical appointments) 1-800-846-5438
 Planned Parenthood (birth control, pregnancy testing/counseling) 754-5522
 Poison Center, WA (info for poison/overdose 24-hrs) V/TDD 1-800-222-1222
 Providence St Peter Hospital 491-9480 or Emergency Room 493-7289
 Providence SoundHomeCare & Hospice 459-8311 or 1-800-869-7062
 Referral & Workforce Resource Center (In home care 24 hours) 1-800-970-5456
 Sea Mar Community Health Center, Medical 491-1399
 SHIBA(State Health Ins. Benefit Advisers; Medicare, Sup. Ins. Info) 800-562-6900
 United Communities AIDS Network (help for people with AIDS) 352-2375

HOUSING ASSISTANCE / EMERGENCY SHELTERS

Emergency Overflow Shelter (overnight shelter) 628-7343
 Haven House (shelter/crisis center for teens 12-17) 754-1151 or 888-698-1825
 Housing Authority, Thurston (for low income, disabled, elderly) 753-8292
 Housing Rehabilitation, City of Olympia (rehabilitation loans) 753-8436
 Safeplace (shelter for abused women - 24 hrs) 754-6300 or TTY 943-6703
 Yelm Community Services.(rural Thurston County residents) 458-7000
 Salvation Army (emergency shelter/rental assistance) 352-8596

SAFETY/ LEGAL/ CONSUMER ASSISTANCE & SUPPORT

Child Support Enforcement Office 664-6900 or 1-800-345-9964
 CLEAR Hotline (Coordinated Legal Ed Advice/Referral) 1-888-201-1014
 Consumer Protection Division, (Attorney General, unfair business) 800-551-4636
 Disability Rights, Washington (dev disabled/mentally ill) 1-800-562-2702
 Dispute Resolution Center (mediation services) 956-1155
 Family Court Facilitator (Thurston Co. Juvenile and Family Court) 709-3274
 Family Support Center (coordinated family services) 754-9297
 Human Rights Commission, WA State 753-6770 or 1-800-233-3247
 Long-Term Care Ombudsman(mediation/advocacy in nursing homes) 800-562-6028 or 943-6018
 PIPE:Partners in Prevention Education (Advocacy/Support for abuse victims) 357-4472
 Safeplace (legal advocacy for abused women) 754-6300 or TTY 943-6703
 Tenant Rights Hotline (Seattle Number) 206-723-0500
 Victim Advocate Division, Thurston County 786-5540
 Victim Assistance Office, Olympia 753-8408
 Crime Victim Advocacy Network Victim Help Line (24/7) 866-711-2826
 Volunteer Legal Clinic (Eviction workshop - legal information) 705-8194
 P.O.W.E.R. (Parents Organizing for Welfare & Economic Rights) 352-9716 or 1-877 330-3063

SENIORS

Area Agency on Aging (info, case mgmt) 664-3162 x133 or 1-888-545-0910
 Catholic Community Services 586-2960
 Gatekeeper Program (senior outreach/monitoring) 664-3162 ext 133
 Older Adult Services, BHR (Counseling/case mgmt) 704-7170 or 800-825-4820
 Home & Community Services, Div of (DSHS) 1-800-462-4957
 RSVP (Retired Senior Volunteer Program, United Way) 943-2773
 SENIOR CENTERS: Olympia: 586-6181 Yelm: 458-7733
 Lacey: 407-3967 Tenino(Meals):264-5092
 Rainier: 446-2258 Tumwater: 754-4160
 Senior Information & Assistance (AAA) 664-3162, ext. 133 or 1-888-545-0910
 SHIBA(State Health Ins. Benefit Advisers; Medicare, Sup. Ins. Info) 800-562-6900
 South Sound Care Connection (care coordination) 586-4491
 STARS Program (Adult Day Care -Several locations) 586-6181
 Social Security Office (Olympia) 866-807-1160

SPECIFIC POPULATIONS: SERVICES & ASSISTANCE

Cielo Project at Radio Ranch (Hispanic/Latino services) 709-0931
 KWA: Korean Women's Assoc.(Asian, Pacific Islander, & Elders) 455-4524
 National Suicide Lifeline (Veterans option 1) 800-273-TALK (8255)
 Nisqually Indian Tribal Services 456-5221
 South Puget Intertribal Planning Agency (SPIPA - five tribes) 426-3990
 Veterans Benefits and Services (WA State) 800-562-2308

The Crisis Clinic of Thurston and Mason Counties is a non-profit IRS designated 501(c)(3) tax-exempt organization.

All donations are tax-deductible.

Additional copies can be found at our web site

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