FOOD AND NUTRITION

bigbrothersbig sisters SWA (Children Matched w/Adult Volunteers) __________________________ 943-6409
Youth Connect (PN Youth Services, After School & Activities) __________________________ 352-8988
Boy Scouts of Thurston County (junior) __________________________________________ 392-8988

EMPLOYMENT INFORMATION AND ASSISTANCE

Veterans Assistance Fund ________________________________________________________ 867-2625
Salvation Army (Emergency Shelter, Meals, Utilities/Rent Assist as Funds Avail) _______352-8596
Saint Vincent De Paul (Limited Utilities Assistance) _________________________________352-7554
Red Cross (Tacoma) ____________________________________________________________253-474-0400

EMERGENCY NEEDS – CLOTHING, UTILITIES

Work First Program, SPSCC (Pre-Employment Training/Support for those on TANF) ___596-
Social Security Information Line (SSI/Medicare) _____________________________________1-800-772-1213
Long Term Care Pro, Catholic Community Services (In-Home Assistance) S-board____586-2960
Arc of WA State (Advocates for Citizens with Intellectual/Developmental Disabilities) ___357-5596
Sea Mar Behavioral Health (Includes Spanish-Speaking Services) ___________________ 704-7590
Mental Health Access Program (MHAP a Service of the Olympia Free Clinic) _________359-3346
Community Youth Services (CYS) (Crisis Intervention & Support) S-Board ____________943-0780
Capitol Recovery Center (Rehab Program by & for Mental Health Consumers) _________357-2582
Behavioral Health Resources (BHR) Counseling Services (24 hours) S-Board__________704-7170
Washington State Problem Gambling Hotline 24/7___________________________ 1-800-547-6133
True North Student Assistance & Treatment Services (Tumwater and Young adults 12-24)___464-6867
Seeking SUD Services) _________________________________________________________754-5729
The Harvest Program - BHR Recovery Services (Mothers and Expecting Women ________)

Counseling/Mental Health

Behavioral Health Resources (BHR Counseling Services) (24 hours) S-board________ 704-7170
Local Supplier Intensive Detention (24 hours) ______________________________________352-8988
Saint Vincent De Paul Community Center ___________________________________________352-7554

Disability Services

Arc of WA State (Advocates for Citizens with Intellectual/Developmental Disabilities) ___357-5596
Def of Hard of Hearing Services, Washington State Office ____________________________2-1-1
Dial-A-Lift (ITT Bus) __________ 754-0640 or 800-262-9555
Disability Rights (Seattle) ________________________________________________________392-2441
Long Term Care Pro, Catholic Community Services (In-Home Assistance) S-board____586-2960
Microboards (Vocational Development/Employment Services) ______________________586-2960
PAVE (Advocacy for Families with individuals w/Disabilities) _________________________1-800-726-738 or 275-5622
Protective Payees - Voice Mail ___________________________________________________239-9211

Income Assistance

Department of Social and Health Services (DSHS) _________________________________ 359-0700
Department of Social and Health Services (DSHS) _________________________________ 359-0700

Education/Literacy

Family Support Center (Coordinated Family Services) ________________________________754-9297
Disability Services (Seattle) _____________________________________________________392-2441

Safety/Legal/Consumer Assistance

Drug & Alcohol Weigh In (Transportation/Detention Services) ________________________352-8988
Veterans Assistance Fund ________________________________________________________867-2625
Provides Information on Emergency Shelters, Utility Assistance, Food Stamps, and More

Food Banks

Thurston County Food Bank _________________________________________________________

For additional information or referrals, please contact: The Crisis Clinic at 360.586.2800 or 1.800.627.2211 - 24 Hours Every Day
Visit our website at: www.crisisclinic.org

Food Stamps (DSHS Community Service Office) ______________________ 787-501-2233 TTY 800-209-5446
Meals on Wheels (Lunches to Anyone 60+ and Home bound) __________________________359-0811
Olympia Gospel Mission: (Meals, Showers) _________________________________________790-9729
Community Kitchen ____________________________________________________________352-8986
Women, Infants & Children (WIC) Nutrition Program _______________________________ 754-296-249 or (CASH) 413-1100
Veterans Assistance Fund ________________________________________________________867-2625
Salvation Army (Emergency Shelter, Meals, Utilities/Rent Assist as Funds Avail) _______352-8596
Saint Vincent De Paul (Limited Utilities Assistance) _________________________________352-7554
Red Cross (Tacoma) ____________________________________________________________253-474-0400