



THURSTON COUNTY Community Services List

For Crisis Intervention, Resources and Referrals, please contact:

THE CRISIS CLINIC at 360.586.2800 or 1.800.627.2211 - 24 Hours Every Day

Visit our website at: www.crisis-clinic.org

JANUARY 2019

360 AREA CODE unless otherwise

noted

Washington State 211 (Mon-Fri 9am – 3pm) www.resourcehouse.com/win211 _____ 211

CHILDREN/YOUTH/TEENS

Big Brothers / Big Sisters of SW, WA (Children Matched w/ Adult Volunteers) _____ 943-0409
 Boys and Girls Clubs of Thurston County: Lacey _____ 438-6811 Tenino _____ 810-3700
 Olympia _____ 556-3615 Rochester _____ 273-9397 Tumwater _____ 570-8888
 Child Care Action Council - Resource & Referral Line _____ 800-446-1114
 Child Protective Services (Investigates Allegations of Abuse - 24 hours) _____ 1-866-363-4276
 Child, Youth and Family Services (BHR Switchboard) _____ 704-7170
 Community Action Council WIC (Women, Infants & Children) Program (S-board) _____ 438-1100
 Community Youth Services (Shelter, Resource Info, & Services for At Risk Youth) _____ 943-0780
 Family Reconciliation Service, DSHS (Families in Conflict) S-board _____ 888-822-3541
 Family Support Center of South Sound (Parent Education/Family Support) _____ 754-9297
 National Runaway Safeline (24 hours) _____ 800-786-2929
 South Sound YMCA _____ Briggs 753-6576 or Olympia 357-6609
 Stonewall Youth (GLBTQ Youth Support Group) _____ 842-7884
 Youth Help Line (The Crisis Clinic) _____ (24 hours) 586-2777

SUBSTANCE USE DISORDER SERVICES

Alcoholics Anonymous (AA) (24 hours) _____ 352-7344
 Alternatives Professional Counseling (For Domestic Violence Victims also) _____ 357-7986
 Celebrate Recovery (www.celebraterecovery.com) Turning Point Church _____ 489-0378 Option 5
 Evergreen Treatment (Counseling, Methadone Program) _____ 413-6910 or 1-888-764-7243
 Narcotics Anonymous (NA) (For Any Chemical Dependency 24 hours) _____ 754-4433
 Nisqually Tribal Health Services (Incl. Substance Abuse Program) (S-board) _____ 459-5312
 Northwest Resources _____ 688-7312
 Olympia AI-Anon Club (AA/NA/CA/MA/SA Meetings/Info) _____ 754-3381
 Olympia Bupe Clinic (low barrier Buprenorphine) _____ 349-0033
 Sea Mar Behavioral Health (Incl. Spanish-Speaking Services) _____ 704-7590
 The Harvest Program - BHR Recovery Services (Mothers and Expecting Women Seeking SUD Services) _____ 754-5729
 True North Student Assistance & Treatment Services (Tumwater/Yelm) _____ 464-6867
 Washington State Problem Gambling Hotline 24/7 _____ 1-800-547-6133

COUNSELING/MENTAL HEALTH

Behavioral Health Resources (BHR) Counseling Services (24 hours) S-Board _____ 704-7170
 Capitol Recovery Center (ReHab Program by & for Mental Health Consumers) _____ 357-2582
 Community Youth Services (CYS) (Crisis Intervention & Support) S-Board _____ 943-0780
 Designated Crisis Responders (Involuntary Detention 24 hours) _____ 754-1338 or 1-800-270-0041
 Mental Health Access Program (MHAP a Service of the Olympia Free Clinic) _____ 890-4074
 NAMI Helpline (Nat'l Alliance for Mental Illness: Info. & Support) _____ 866-0403 or Office 493-6021
 Providence Community Care Center _____ 915-8623
 Providence St. Peter Hospital Psychiatry (Med. Management) No Counseling Services _____ 493-7064
 Providence St. Peter's Intensive Outpatient & Outpatient Program _____ 493-7060
 Sea Mar Behavioral Health (Includes Spanish-Speaking Services) _____ 704-7590
 Telecare Thurston County Mobile _____ 754-2423

DISABILITIES - PHYSICAL /MENTAL

Adult Protective Services, DSHS (Report Abuse to Vulnerable Adults) _____ 1-877-734-6277
 Arc of WA State (Advocates for Citizens with Intellectual/Developmental Disabilities) _____ 357-5596
 Deaf & Hard of Hearing Services, WA State Office of (DSHS) _____ TTY 360-725-3450
 Dial-A-Lift (IT Bus Services) _____ 754-9393 or 1-800-244-6846
 Disability Rights (Seattle) _____ 206-324-1521
 Long Term Care Pro, Catholic Community Services (In-Home Assistance) S-board _____ 586-2960
 Morningside (Vocational Development/Employment Services) _____ 943-0512
 PAVE (Advocacy for Families & Individuals w/Disabilities) _____ 1-800-572-7368 or 253-565-2266
 Protective Payee Services- Voice Mail _____ 352-3914
 Recreation Services, Thurston County Specialized Recreation S-board _____ 786-5595
 Respite Care Program (through Childcare Action Council) _____ 754-0845
 Social Security Information Line (SSI/Medicare) _____ 1-800-772-1213
 South Sound Parent to Parent (Supporting Parents of Individuals with special needs) _____ 352-1126
 Vocational Rehabilitation, Division of (DVR) V/TDD _____ 1-800-548-0946
 WA State Dept. of Services for the Blind (S-board) _____ 1-800-552-7103
 WA Talking Book & Braille Library _____ 1-800-542-0866

EDUCATION/LITERACY

Family Education & Support Services (Parenting Support/Child Development) _____ 754-7629
 Job Corps (Vocational Education & Life Skills, ages 16-24) _____ 754-7409
 Nisqually Youth Services (Community Youth Services) _____ 455-5213
 Sound Learning (tutoring for reading, writing, ESL, GED) _____ 426-9733
 Work First Program, SPSCC (Pre-Employment Training/Support for those on TANF) _____ 596-5401

EMERGENCY NEEDS – CLOTHING, UTILITIES

Baby Bank (Diapers & Baby Clothes; Referral Necessary) _____ 357-6617
 City Gate Ministries _____ 705-0291
 Community Service Office, Olympia (DSHS) (Public Assistance Medical Coupons/Food Stamps) _____ 877-501-2233 TTY 800-209-5446
 Emergency Outreach Program (Sacred Heart Church) _____ 923-0929
 Red Cross (Tacoma) _____ 253-474-0400
 Saint Vincent De Paul Clothing Bank & Pregnancy Aid, Olympia _____ 352-7554
 Saint Vincent De Paul (Limited Utilities Assistance) _____ 352-7554
 Salvation Army (Emergency Shelter, Meals, Utilities/Rent Assist as Funds Avail) _____ 352-8596
 The Other Bank YWCA _____ 352-0593
 Veterans Assistance Fund _____ 867-2625
 WIC (Women, Infants & Children) _____ 438-1100
 Yelm Community Services (Food, Clothing, Utilities Asst. Emergency Shelter) _____ 458-7000
 YWCA of Olympia (For Supplies that Food Stamps Don't Cover) _____ 352-0593

EMPLOYMENT INFORMATION AND ASSISTANCE

Division Vocational Rehabilitation _____ 664-3060 or V/TTY 800-548-0946
 Pathfinders Supported Employment, (People with Mental Health Disabilities) BHR _____ 704-7170
 WorkSource, Employment Security (Job Search/Training/Unemployment Comp.) _____ 704-3600
 Youth Employment & Training, CYS (Ages 16–21) _____ 943-0780

FOOD AND NUTRITION

Food Banks: Thurston County Food Bank _____ 352-8597
 Tenino Food Bank _____ 264-5505 Yelm Food Bank _____ 458-7000
 Food Stamps (DSHS Community Service Office) _____ 877-501-2233 TTY 800-209-5446
 Garden Raised Bounty (GRuB) _____ 753-5522
 Meals on Wheels (Lunches to Anyone 60+ and Home bound) _____ 586-6181
 Olympia Union Gospel Mission: (Meals, Showers) _____ 709-9725
 ROOF (Rochester) _____ 273-6375
 Salvation Army (Community Kitchen) _____ 352-8596
 Women, Infants & Children (WIC) Nutrition Program _____ (SeaMar) 754-2936 or (CAC) 438-1100

HEALTH CARE/HOSPITALS/CLINICS

Assured Home Health _____ 236-9204 Hospice _____ 352-0711
 Capital Medical Center Switchboard _____ 754-5858 or Emergency Dept. _____ 956-2590
 CHOICE Regional Health Network (Low-Income Insurance) _____ 539-7576
 Care Net (Pregnancy Counseling/Testing, Ultrasound) _Option Line _____ 753-0061
 Dental Clinic, Sea Mar Community Health _____ 570-8016
 Family Health Hotline _____ 1-800-322-2588
 Health Department, Thurston County: (Syringe Needle Exchange, Communicable Disease Program, Chronic Disease Prevention, Veteran's Assistance, et. al) _____ 867-2500
 HIV/AIDS Hotline, Washington State (Info & Referral) _____ V/TDD 1-800-272-2437
 Medical Assistance (Coupons), CSO (DSHS) _____ 877-501-2233 or TDD 586-0226
 The Olympia Free Clinic (Wednesday evenings) _____ 890-4074
 Olympia Union Gospel Mission: (Dental/Vision for Uninsured) _____ 943-6400
 Nisqually Tribal Health Services (Indian Medical 459-5312) Indian Dental _____ 413-2716
 Paratransit Services (Transportation to Medical Appointments) _____ 1-800-846-5438
 Pierce County AIDS Foundation – Oly Office (Case Mgmt. for People w/AIDS) _____ 352-2375
 Planned Parenthood (Birth Control, Pregnancy Testing/Counseling) _____ 754-5522
 Providence Community Care Center _____ 915-8623
 Providence Sound Homecare & Hospice _____ 459-8311 or 1-800-869-7062
 Poison Center, WA (Info for Poison/Overdose 24-hours) _____ V/TDD 1-800-222-1222
 Providence St Peter Hospital _____ 491-9480 or Emergency Room 493-7289
 Homecare Referral Registry (In Home Care- Medicaid Client Only) _____ 1-888-545-0910
 Sea Mar Community Health Center, Medical _____ 491-1399
 SHIBA (State Health Insurance. Benefit Advisers; Medicare, Sup. Ins. Info) _____ 800-562-6900
 Within Reach Family Health Hotline _____ 1-800-322-2588

HOUSING ASSISTANCE/EMERGENCY SHELTERS

Coordinated Emergency Shelter Entry Line - 24 hours _____ 1-844-628-7343
 Drexel House (Housing programs & Shelter) – 24 hours _____ 753-3340
 Family Support Center (Family Shelter) _____ 754-9297
 Haven House (shelter/crisis center for teens 12-17) _____ 754-1151 or 1- 888-698-1825
 Housing Authority, Thurston (for low income, disabled, elderly) _____ 753-8292
 Housing Rehabilitation, City of Olympia (rehabilitation loans for Home-Owners) _____ 753-8436
 Interfaith Works Front Desk (call Coordinated Entry line for shelter assistance) _____ 918-8424
 Rosie's Place (Drop in day shelter Youth and Young adults 12-24) _____ 943-0780 Ext 186
 Safeplace (shelter for abused women - 24 hours) _____ 754-6300
 Salvation Army (emergency shelter/rental assistance) _____ 352-8596
 SideWalk Support Center _____ 515-5587
 Yelm Community Services (rural Thurston County residents) _____ 458-7000

SAFETY/LEGAL/CONSUMER ASSISTANCE AND SUPPORT

Child Support Enforcement Office _____ 664-6900 or 1-800-345-9964
 CLEAR Hotline (Coordinated Legal Ed Advice/Referral) _____ 1-888-201-1014
 Consumer Protection Division, (Attorney General, unfair business) _____ 1-800-551-4636
 Crime Victim Advocacy Network Victim Help Line (24/7) _____ 1-888-288-9221
 Disability Rights, Washington (Dev Disabled/Mentally ill) _____ 1-800-562-2702
 Dispute Resolution Center (Mediation Services) _____ 956-1155
 Domestic Violence Liaison _____ 709-3268
 Family Court Facilitator (Thurston Co. Juvenile and Family Court) _____ 709-3269
 Family Support Center (Coordinated Family Services) _____ 754-9297
 Human Rights Commission, WA State _____ 753-6770 or 1-800-233-3247
 Long-Term Care Ombudsman (Mediation/advocacy in Nursing Homes) _____ 800-562-6028 or 943-6018
 PFLAG Olympia (Support for LGBTQ Community and Family) _____ 207-1608
 PiPE: Partners in Prevention Education (Homelessness and Sexual Violence) _____ 357-4472
 P.O.W.E.R. (Parents Organizing for Welfare & Economic Rights) _____ 352-9716 or 866-343-9716
 SafePlace (24/7 Sexual and Domestic Violence HelpLine) _____ 754-6300 or TTY 943-6703
 Tenant Union Hotline (Seattle Number) _____ 206-723-0500
 Thurston County Family Justice Center (Family Support Center) _____ 754-9297
 Victim Advocate Division, Thurston County _____ 786-5540
 Volunteer Legal Services (Eviction workshops - Legal Info) _____ 705-8194

SENIORS

Area Agency on Aging (Info & Case Management) _____ 664-3162 or 1-888-545-0910
 Catholic Community Services (Home Care) _____ 586-2960
 Home & Community Services, Division of DSHS (Long-Term Care) _____ 1-800-462-4957
 Medical Equipment Bank _____ Message Line _____ 456-8810
 Older Adult Services, BHR (Counseling/Case Management) _____ 704-7170 or 800-825-4820
 Providence Sound Homecare and Hospice _____ 459-8311 or 1-800-869-7062
 RSVP (Retired Senior Volunteer Program, United Way of Thurston County) _____ 943-2773 ext.20
 SENIOR CENTERS: Olympia 586-6181 _____ Yelm 458-7733
 Lacey _____ 407-3967 Rainier _____ 446-2258 Tumwater _____ 754-4160
 Senior Services for South Sound _____ 586-6181
 Social Security Office (Olympia) _____ 866-807-1160
 South Sound Care Connection (In-Home Care Coordination) _____ 586-4491
 STARS Program (Adult Day Care -Several Locations) _____ 586-6181

SPECIFIC POPULATIONS SERVICES AND ASSISTANCE

Cielo Project (Latino Educational and Mental Health Services) _____ 709-0931
 KWA: Korean Women's Association (Asian, Pacific Islander, and Elders) _____ 455-4524
 National Suicide Lifeline (for Veterans Crisis Line Press 1) _____ 800-273-TALK (8255)
 Nisqually Indian Tribal Services _____ 456-5221
 South Puget Intertribal Planning Agency (SPIPA – Five Tribes) _____ 426-3990
 Veterans Assistance Fund (Rent, Utilities, Food, Bus Passes) _____ 867-2625
 Veterans Benefits and Services (WA State) _____ 800-562-2308