

Resources at a Glance

This is a brief overview of some of our most commonly offered community referrals. If you call The Crisis Clinic directly, any time day or night, we can provide these and additional resources along with emotional support and a listening ear. You will find more resources on our Community Services List located on our home page.

Thurston County

Organization	Overview	Contact Info
<u>The Crisis Clinic of Thurston and Mason Counties</u>	24/7 Crisis Intervention and Resource Referral	Crisis Line: (360) 586-2800 Youth Help Line: (360) 586-2777
<u>Behavioral Health Resources (BHR)</u>	Mental Health and Chemical Dependency Treatment	(360) 704-7170
<u>CLEAR Hotline</u>	Legal advice, education, and referral for low-income individuals and families	1-888-201-1014
<u>City Gates Ministries</u>	Life Skills and employment search support, food assistance, furniture assistance	(360) 705-0291
<u>Community Youth Services</u>	Housing, emergency shelter, education assistance, mental health services, case management, and more for youth in the community	(360) 943-0780
Coordinated Emergency Shelter Entry Line	General line to call to access emergency shelter in Thurston County	1-844-628-7343
<u>Dispute Resolution Center</u>	Mediation, diversion, alternative dispute resolution options	(360) 956-1155
<u>Family Support Center</u>	Shelter for families, basic needs support (clothing, food, hygiene products), parenting support and education	General Line: (360) 754-9297 Shelter: 1-844-628-7343
<u>The Food Bank</u>	Food assistance for individuals and families in need	(360) 352-8597
<u>ITA Team (via Thurston-Mason Behavioral Health Organization)</u>	Emergency mental health evaluation and assistance via Designated Crisis Responders (DCRs)	(360) 754-9297
<u>The Other Bank (via YWCA)</u>	Provides toiletries and hygiene products to those in need (shampoo, toothpaste, diapers, menstrual products, etc.)	(360) 352-0593
<u>Sea Mar Community Health</u>	Medical, dental, urgent care, and behavioral health services	Medical: (360) 491-1399 Dental: (360) 570-8016 Urgent Care: (360) 742-5000 Behavioral: (360) 704-7590

Mason County

<u>The Crisis Clinic of Thurston and Mason Counties</u>	24/7 Crisis Intervention and Resource Referral	Crisis Line: (360) 586-2800 Youth Help Line: (360) 586-2777
<u>Behavioral Health Resources</u>	Mental Health and Chemical Dependency Treatment	(360) 426-1696
<u>Community Action Council</u>	Assistance for health, housing, food, and utility support	(360) 438-1100
<u>Crossroads Housing</u>	Emergency shelter, rental assistance, low-income apartments	(360) 427-6919
<u>ITA Team (via Thurston-Mason Behavioral Health Organization)</u>	Emergency mental health evaluation and assistance via Designated Crisis Responders (DCRs)	(360) 754-9297
<u>Mason Transit Authority</u>	Operates a coordinated system of public transportation in most areas of Mason County	(360) 427-5033
<u>North Mason Resources</u>	Serves as a hub for Mason County services for “those who are educationally, economically, physically, or otherwise challenged, in partnership with other service providers.”	(360) 552-2303
<u>Northwest Resources</u>	Behavioral health agency providing treatment for people experiencing mental health and substance use disorders.	3 rd Street, Shelton: (360) 426-0890 5 th Street, Shelton: (360) 868-2697
<u>Planned Parenthood</u>	Women’s healthcare, pregnancy testing and services, birth control, STD testing/treatment/vaccines, etc,	1-800-769-0045
<u>South Puget Intertribal Planning Agency</u>	Social Service hub for tribe members, multiple services offered	(360) 426-3990
<u>Turning Pointe</u>	Shelter, advocacy, and other services for survivors of domestic violence in Mason County	(360) 426-1216
<u>Veterans’ Service Office</u>	Financial assistance for qualifying veterans and veterans’ families	Shelton: (360) 426-4546 Belfair: (360) 552-2303
<u>WorkSource</u>	Assistance for finding employment, connection to tools for professional development and training.	(360) 427-2174